

TSNY DC CORONAVIRUS PHASE 2 SAFETY PROTOCOLS

The goal of TSNY's coronavirus (SARS-CoV-2) safety protocols is to provide an environment that is as safe as possible for both students and staff during Phase 2 of Washington, D.C.'s phased re-opening. Safety will depend on equipment and personal sanitization procedures, social distancing, controlled behavior patterns, utilization of natural factors that reduce risk, and testing. These protocols are designed to minimize risk of transmission of SARS-CoV-2, however given the nature of what we do, we recognize that this risk cannot be eliminated entirely. Any staff or students who are not comfortable with the protocols and procedures outlined below may elect not to return to work/participate in the session without penalty.

In addition, we recognize that due to pre-existing conditions or other obstacles, not all students will be able to adhere to these regulations. In the name of public safety, we cannot make exceptions to our policies. While TSNY is always committed to providing an individualized circus experience to all participants, current procedures related to social distancing and mask wearing will impact our ability to make certain accommodations in our sessions. We look forward to a time when all students can return safely to our space.

We may revisit or revise these protocols at any time based on guidance from local, national, and international public health authorities. We will provide up-to-date copies of these protocols online here: https://washingtondc.trapezeschool.com/about/COVID-19_Safety_Procedures, and hard copies will be posted widely on site.

Equipment and Personal Sanitization Procedures

1. FACE COVERINGS:

- a. Staff and students will be required to wear face (nose and mouth) coverings at all times.
- b. These face coverings must be secure and fitted such that they will not shift positions when upside down or engaging in physical activity and any loose ties must be able to be tucked in.
- c. Sample photos and a pattern for TSNY-approved face coverings are available on request, and TSNY will offer approved masks for sale.
- d. TSNY will also have a limited number of masks available to temporarily lend to students or staff who do not have approved face coverings. Any borrowed masks will be laundered and dried on high heat between uses.
- e. Any student whose mask does not meet the specifications in #1b will be asked to purchase a mask or use a TSNY mask. If the student does not wish to do so, they may be denied participation in the session and refunded in full.
- f. Face coverings may be temporarily removed or loosened to accommodate drinking, breathing, or eating so long as social distancing guidelines are observed

and/or at the discretion of staff. Appropriate sanitizing measures must be used after removing face coverings (See #2 below).

2. PERSONAL SANITIZING

- a. Staff and students will be required to use hand sanitizer or hand washing stations upon entering the premises, including after trips to the restroom (in addition to handwashing in the restroom) and at any time at the request of a staff member (for example after handling cash or credit cards); and encouraged to do so before leaving the premises and before and after adjusting face coverings..
- b. Students will be required to use hand sanitizer before each turn on shared equipment, including before climbing the flying trapeze ladder, before each turn on the trampoline, and before touching silks, lyra, or static trapeze, and at any time at the request of a staff member. Students will not be permitted to adjust their own aerial equipment except in independent training situations.
- c. In addition to the above:
 - i. Flying trapeze department staff will be required to use hand sanitizer or wash hands before starting work on lines, board or catching, or before changing work stations.
 - ii. Aerial, Trampoline and Ground department staff will be required to use hand sanitizer or wash hands before the start of each session and before adjusting equipment, and will prioritize session plans that minimize hands on spotting when possible.
 - iii. Retail staff will be required to use hand sanitizer or wash hands between each student transaction and immediately after handling cash, coins, credit cards, or other student payment devices.
 - iv. Retail staff will be behind a plexiglass barrier when interacting with customers.
- d. Alternatively to hand sanitizer for #2 sub b., and c. i. ii., staff and students may use liquid chalk containing 45% isopropyl alcohol (<https://shop.frictionlabs.com/collections/secret-stuff>). A recent CDC study shows that hand sanitizing formulations containing $\geq 30\%$ isopropyl alcohol inactivate coronavirus-2 https://wwwnc.cdc.gov/eid/article/26/7/20-0915_article.
- e. Alternatively to hand sanitizer for #2 sub b., and c. i. ii., silks, lyra, and static trapeze students, and, flying trapeze catchers may use rosin containing $>55\%$ isopropyl alcohol (<https://www.schoolhealth.com/cramer-tuf-skin>; https://www.conncoll.edu/media/website-media/offices/ehs/envhealthdocs/Cramer_Tuf-Skin.pdf).

3. EQUIPMENT SANITIZING

- a. When possible, sessions will be structured to reduce or eliminate the amount of equipment shared by students.
- b. Flying trapeze and aerial bars will be re-taped or replaced with freshly-taped bars after each session unless at least 24 hours will pass before the equipment is reused by a different group of students. Areas of the bar that are not taped will be cleaned with virus inactivating disinfectants after each session.

- c. Safety belts will be rested as long as possible, and in all cases at least 22 hours, before the equipment is reused by a different group of students. Non-porous parts of the safety belts will be cleaned with virus inactivating disinfectants between each use.
- d. Aerial equipment will be replaced with fresh equipment after each session, and rested as long as possible, and in all cases at least 22 hours, before the equipment is reused by a different group of students.
(<https://www.health.com/condition/infectious-diseases/coronavirus/how-long-does-coronavirus-live-on-clothes>).
- e. All high touch surfaces (trampoline bed, safety mats, chairs, tables, counters, credit card terminals, cash registers, computer keyboards and other peripherals, telephones, tablets, remote controls, door knobs, cameras) will be cleaned with virus inactivating disinfectants after each session and/or staff shift.
- f. Students and staff will be required to bring their own water to the session. TSNY will have a limited number of sealed water bottles on site for emergency consumption. Students and staff are not permitted to refill water bottles with water at sinks or hand washing stations. Sinks and hand washing stations will be labeled as “not for drinking” to minimize the risk of this occurring.

Social Distancing Procedures

1. INDOOR SPACE: At all times, total occupancy will be limited to 5 people per 1000 sq. ft. in any indoor facility. If sessions are run indoors we will ensure recommended air turnover from outdoors.
(<http://realestate.boston.com/ask-the-expert/2020/04/16/coronavirus-should-you-keep-your-windows-shut-this-spring/>).

 - a. The indoor facility will be divided into activity modules with no more than 5 people per 1000 sq. ft., or maximum allowed gathering size per module, or the number of people that can be accommodated in each module with six (6) feet distance between each other, whichever is fewest.
 - b. Activity modules will be flying trapeze rig, trampoline, aerial points (two (2) points areas), retail/office, staff break room, and spectator/family viewing areas.
 - c. Each activity module will be demarcated by tape, spray paint or other appropriate ground marking and signage.
 - d. Social distancing (the 6 foot rule) will be explained, monitored, and enforced in all modules; chairs for both students and staff will be at least six (6) feet apart; only people who live together will be permitted to sit together (for example family members at a picnic table). Nonparticipating parents/family will be permitted to sit with children or other members of their household as long as all other applicable rules/limitations are observed.
 - e. Non-shared equipment within each activity module will be placed at least ten (10) feet apart.

- f. When multiple activity modules are in use, each activity module will be separated by at least ten (10) feet and no equipment will be shared by separate modules.
 - g. If adequate spacing or time distancing is unavailable for multiple modules, modules will not run at the same time.
 - h. The office/retail area will be limited to 1 staff member. Staff will be separated from students by a plexiglass barrier in the office/retail area and customer lines will be demarcated by tape six (6) feet apart.
 - i. To the extent possible, the indoor space will be marked with arrows so that students and staff move in only one direction, so that they do not come face to face.
 - j. To the extent possible, the entrance will be separate from the exit so incoming students do not encounter departing students. Otherwise sessions will be timed so that incoming and departing students will have minimal interaction.
2. OUTDOOR SPACE:
- a. TSNY will maximize the use of outdoor space to take advantage of the fact that solar UV light kills viruses (<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC1280232/>), with awareness that solar UV only kills viruses on the top of surfaces and away from shadows, and knowing that outdoor air movement outside favors dispersion of viruses and thereby likely reduces transmission.
 - b. Outdoor areas will be similarly demarcated to ensure adequate social distancing and one-way flow of traffic.
 - c. To the extent possible, students taking sessions outdoors will not be permitted to enter the indoor tent area except at the beginning of the session to use hand-washing stations or in case of emergency.
 - d. All outdoor students and activity modules will follow the same guidelines contained in this document as for indoor activity modules, except that outdoor sessions may be larger as permitted by local law/guidelines.
3. STAFFING AND SESSION STRUCTURE:
- a. If a staff member becomes ill with coronavirus symptoms, then that staff member will self-isolate for 3 days or until they receive a negative PCR COVID test.
 - i. If symptoms subside and no new symptoms appear, or if the staff member received a negative PCR test, that staff member will be permitted to return to work.
 - ii. If symptoms do not subside and/or new symptoms appear, that staff member will continue to self-isolate for at least 14 days from start of symptoms and at least 3 days after symptoms subside AND/OR until they receive a negative test for COVID-19.
 - b. If a staff member tests positive or is presumed positive for COVID-19, staff members who have worked closely (as defined by local public health authorities) with that staff member will be taken off the schedule for at least 5 days and observed carefully for symptoms of disease OR if testing is available until they receive a negative COVID-19 test result (<https://coronavirus.dc.gov/testing>). Any

students who have come into contact with a positive or presumed positive staff member will be notified.

- c. All sessions will be held as “individual instruction” sessions.
 - i. No more than one participant may be on any piece of equipment at any given time.
 - ii. Instructors may not give directions to more than one participant at a time unless all participants are seated. E.g., there will be no group warm-ups before sessions.
 - iii. Individual participants may train in a single module or on adjacent pieces of equipment so long as the equipment is spaced according to relevant public health authority guidelines, so long as all participants follow social distancing guidelines, and so long as participants are not receiving instruction together.
4. FLYING TRAPEZE SESSION MODIFICATIONS:
 - a. Flying trapeze pedestal board workers will stand away from the student as they mount the pedestal board, and only move in close to students to change out their safety lines (ladder safety lines to flying safety lines) when students are facing away from the instructor.
 - b. No more than 2 people will be permitted on the flying trapeze pedestal board at any one time.
 - c. The lines person will remove safety lines from the student who has rolled out of the net with the student facing away from the instructor; return students may remove their own safety lines in the net.
 - d. There will be no catching during initial reopening and we will evaluate whether and how to re-introduce catching as more information regarding transmission becomes available.
 - e. Catching, when it is offered, will be optional for students during flying trapeze sessions (as it always is).
 - f. When catching is offered, catchers will replace their wrist wraps with washed wrist wraps after each session or allow 24 hours between uses of wrist wraps.
 - g. Use of the practice bar will be suspended to eliminate the close interactions of students and staff during spotting on the low bar; only advanced students who do not require spotting will be permitted on the low bar.
 - h. Until social distancing guidelines are eased, indoor flying trapeze sessions will be limited in line with rules for maximum gatherings and for a maximum 90 minutes.
 - i. There will be at least a 30 minute break between sessions to allow for cleaning and to reduce contact between incoming and departing students.
5. AERIAL, GROUND, AND TRAMPOLINE SESSION MODIFICATIONS:
 - a. Sessions will be structured to minimize hand spotting to the extent possible.
 - b. Dual student activities such as hand balancing and duo trapeze will be suspended.
 - c. For at least the first two weeks, only returning students will be permitted to take aerial and ground (silks, lyra, static trapeze, trampoline) sessions;

- d. Aerial sessions will be arranged to minimize or eliminate sharing of equipment.
- e. Aerial students who own their own equipment will be invited to use it for the session, using hardware that belongs to TSNY and has been disinfected thoroughly. These students should arrive at least 10 minutes before the start of their session to allow time for rigging.

Changes in Behavior Patterns and Policies

1. At the beginning of each session, the lead instructor will explain that careful well thought out behavior patterns are as important as sanitization in keeping students and staff safe.
2. The lead instructor will explain to students and staff that what we do necessitates some contact and shared space, and steps we are taking help manage but not necessarily eliminate risk. If anyone enrolled in or teaching a session is/becomes uncomfortable, they may receive a full or partial refund for the remainder of the session or discontinue teaching.
3. Students will be asked to think through each move they make and move slowly throughout the session to avoid bumping into or unnecessarily touching people, to remember to sanitize, and to avoid touching their faces.
4. Students will be told that the main goal of the session is not how many turns they get, or what they accomplish, but as always, how safe they can keep themselves, their fellow students and the staff – but now with the added element of coronavirus containment safety.
5. Only return students will be permitted to take sessions for the first 2 weeks after reopening to reduce potential issues due to unpredictable behavior while initiating new procedures; this will apply to flying trapeze, aerials and trampoline. If sessions consistently show low attendance, this rule may be suspended.
6. All instructors will help facilitate session structures that accommodate short turns and sufficient breaks as students re-acclimate to training and get used to wearing a mask during the session.
7. Students are strongly discouraged from bringing guests to sessions (except in the case of minors under 14, see Youth Participation, below). If a student does bring a guest(s) to observe the session, that guest(s) will be permitted only if all of the following circumstances can be met:
 - a. The guest(s) must sign a COVID-19 waiver in advance.
 - b. The guest(s) must observe all rules for mask wearing, personal sanitization, and social distancing expected of staff and students.
 - c. The presence of a guest(s) must not cause TSNY to exceed restrictions on the number of persons present in the indoor facility, activity module, or outdoor facility.
 - d. There must be sufficient space for the guest(s) to observe and maintain social distancing.

- e. The guest(s) must provide name and contact information as required by local law to facilitate contact tracing.
 - f. The guest must answer and pass the health screening questions required of students (see Testing, below).
 - g. Any guest who tests positive/is presumed positive for COVID-19 and has observed a session at TSNY within 14 days of onset of symptoms/receiving a positive test result is requested to notify TSNY.
8. Guests are permitted to observe outdoor flying trapeze sessions from outside the TSNY-controlled area at their own risk.

Testing

1. Staff will be required to self-monitor at home each day before going to work. Self-monitoring will include a temperature check and self-assessment for symptoms of coronavirus (SARS-CoV-2) including cough, shortness of breath, difficulty breathing, chills, sore throat, loss of taste or smell. Anyone with an elevated temperature (≥ 100) or symptoms should inform their manager and not report to work. Staff may be asked upon reporting to work if they have self-monitored. If not, they will be asked to complete a self-evaluation and, after spending at least 10 minutes at ambient temperature, have their forehead temperature taken with a hand-held non-contact infrared thermometer. (<https://www.youngisheart.com/products/digital-handheld-infrared-thermometer?msclkid=8cf6c537a9c714dc2bce9b9e33ed2767>)
2. Any staff who report that they have symptoms of coronavirus (SARS-CoV-2) will be required to self-isolate for at least 3 days or until they obtain a negative PCR COVID test. If symptoms do not subside and/or new symptoms appear, that cohort member will continue to self-isolate for at least 14 days and for at least 3 days after symptoms subside AND/OR until they receive a negative test for COVID-19.
3. When students enter the premises they will be asked if they have any symptoms of coronavirus (SARS-CoV-2) including fever, cough, shortness of breath, difficulty breathing, chills, sore throat, loss of taste or smell. Those who have symptoms will not be permitted to participate in the session and will be asked to leave the premises along with all members of their group/household. Anyone who is denied participation in a session will be refunded in full. Any student who tests positive/is presumed positive for COVID-19 and has been on-premises at TSNY within 14 days of onset of symptoms/receiving a positive test result is requested to notify TSNY.

Youth Participation

1. Guidance on day camps is provided in another document titled "[TSNY Summer Camp COVID-19 Information](#)"; the following policies are applicable to non-day camp sessions.
2. TSNY DC will not be running any full day summer camp programs for the summer of 2020.
- 3.

4. All participants under 18 will be required to follow all rules applicable to adults including wearing face coverings throughout sessions as well as sanitizing before each turn. Anyone who is not able to comply will not be permitted to participate in the session and will be refunded.
5. Parents/legal guardians of children younger than 14 will be required to remain on site in the spectator/viewing area or the session space if capacity and social distancing guidelines can be accommodated; only 1 parent per student will be permitted inside the confines of each location (additional parents or family members may observe from a distance as permitted by local rulings and so long as social distancing guidelines and maximum capacity restrictions are observed).
6. Parents/guardians accompanying minors must follow the same rules as guests regarding providing name and contact information and answering health screening questions (see Testing, above).

COVID-19 HEALTH SCREENING QUESTIONNAIRE

For staff: Please read the below “Verbal Introduction” out loud before asking the screening questions to any students, parents, guardians, or guests who are returning to our space for the first time after reopening. Please note:

- Question 4 is a MULTI-PART question and refers to (1) DC Mayor’s order 2020-110 and (2) a list of “hotspots.” If needed, please provide this order and/or the list (available at the front desk and on the tablet) to students (/parents/guests) when asking this question. The hotspot list will be updated to track current DC guidelines as needed, so please have students review the list if they have traveled outside of DC/MD/VA in the past two weeks.
- Answers that will result in a student being **denied** participation in the session are **in bold, red, and underlined.**
- Question 6 applies only to Youth Programming participants and to any staff member who has not completed the mandatory self-check before coming to work. You do not have to ask this question to students in all-ages flying, aerial, or ground sessions, even if they are under 18. If a youth participant/staff member answers **NO**, please take their temperature before allowing them to participate in the session

VERBAL INTRODUCTION: The information collected on this form will be used to determine only whether you are at an elevated risk of currently being infected with COVID-19. If your answer to any of these questions is **in red and underlined**, you will be denied entrance into the facility and participation in the session and you will receive a refund for that session. If you answer **NO** to question 6 (if applicable) you may be asked to submit to a non-contact temporal forehead reading before participating in the session. We do not keep a record of this information, except whether you are admitted to or denied participation in a session and whether we took your temperature.

<p>1. Are you exhibiting any symptoms related to COVID-19, i.e. fever > 100F, cough, sore throat, shortness of breath or difficulty breathing, chills, muscle or body aches, headache not attributable to another cause, new loss of taste or smell, fatigue, nausea, vomiting, or diarrhea?</p> <p style="text-align: right;">YES / NO</p>
<p>2. Have you had any person-to-person contact with someone who has exhibited COVID-19 symptoms or who has been diagnosed with COVID-19 in the last 14 days?</p> <p style="text-align: right;">YES / NO</p>
<p>3. Have you tested positive for COVID-19 / or are you presumptively positive for COVID-19 based on a healthcare provider’s assessment of your symptoms (except if your answer is YES but you have since been declared no longer contagious for COVID-19 by a healthcare provider)?</p> <p style="text-align: right;">YES / NO</p>
<p>4. Have you traveled into or out of the DC/MD/VA region in the past 14 days?</p> <p style="margin-left: 20px;">a. IF NO: OK to participate</p> <p style="margin-left: 20px;">b. IF YES: Is the area of travel a) international or b) a "hotspot" state where the daily case rate is >10 cases per 100k (see list)?</p> <p style="margin-left: 40px;">i. IF NO: OK to participate in session</p> <p style="margin-left: 40px;">ii. IF YES: Did you obtain PCR COVID test(s) as required by DC Mayor's order 2020-110 and were the results negative?</p> <p style="margin-left: 60px;">1. IF YES: OK to participate in session</p> <p style="margin-left: 60px;">2. IF NO: Deny participation in session</p>
<p>5. Are you willing and able to abide by TSNY DC’s rules on social distancing, handwashing, and face covering during the time you are in their facility and/or using their equipment?</p> <p style="text-align: right;">YES / NO</p>
<p>6. FOR STAFF AND YOUTH PROGRAMING PARTICIPANTS: Did you take your / your child/ward’s temperature in the last 12 hours?</p> <p style="text-align: right;">YES / NO</p>